

Visit our website @ [www.epew-cp.com](http://www.epew-cp.com)  
“ALOHA” A Lifetime of Healthy Activities

Issue # 36

California Polytechnic State University, San Luis Obispo, California 93407

Published Annually

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36<sup>th</sup> Annual Cal Poly



Elementary Physical  
Education Workshop  
**August 2– August 7, 2009**

An educational experience designed for Physical Education Specialists and Classroom Teachers!

An opportunity to network with teachers from across California and nationwide!

Learn more about Assessment, Standards, and Strategies!

Free T-Shirt! Free CD Syllabus! Free Dinner Wednesday Night!

Golf Tournament – bring your own clubs!

Inner Tube Water Polo Social – bring your suit!

Incredible Presenters including State and National Teachers of the Year

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**Core Sessions**

**Terri Drain\***  
“Assessments”

**Pat Vickroy\***  
It’s All About Fitness,  
Movement, and Attitude

**Cindy Joy**  
“Jumping for Joy”

**Kristen Okura**  
A.L.O.H.A. to  
Adventure Education

**Featured Keynote Speakers**

**Darren Avrit\***  
**Teaching Styles**

**Mary Hirt\***  
**The Big Kahuna**  
**“Recognizing Students**  
**Efforts and Performances”**

**Ronimarie Maslyar**  
**Message from One Student**

**Chip Candy\***  
**Crossing the Midline**  
**Crazy Activities to Support**  
**The Brain Research**

**Presenters**

**Bonnie Hooper\***  
**Ji Ji Jonas**  
**Wendy Jones\***  
**Cindy Joy**  
**Kristen Okura**  
**Steve Reifman**  
**Jim Ross\***  
**John Thomson**  
**Pat Vickroy\***

**Beth Andrade**  
**Darren Avrit\***  
**Gilbert Bagaman**  
**Rudy Benton\***  
**Chip Candy\***  
**Terri Drain\***  
**Joanna Faerber**  
**Mart Hirt\***

\*=State or National Teacher of the Year

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**Workshop Committee Members**

Denise Schreiber - Director 2009

Nancy Beliveau  
Janet Betts  
Kate Cox-Past Director  
Colleen Hennessy

Frank Jones  
Laura Learned  
Stan Pelmeur

Will Potter  
Eileen Rogers –Assist. Director Elect  
Kim Steffen  
Patty Trask

Karen Hughes- Director Elect

Sponsored by: California Polytechnic State University, San Luis Obispo

New for 2009! Register/pay Online(w/credit card payment)

**Online Registration/payment available on our [website@www.epew-cp.com](http://www.epew-cp.com)**

Mail To: Conference and Event Planning ~ California Polytechnic State University ~ San Luis Obispo, CA 93407

Phone: (805) 756-7600, Fax: (805) 756-7601

*Please print clearly. If registering on a copy, make sure you also have a copy of the brochure information sheets.*

Full Name \_\_\_\_\_ Maiden Name \_\_\_\_\_ Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_  Male  Female  
 Home Address \_\_\_\_\_ City \_\_\_\_\_ State/ Zip \_\_\_\_\_  
 School name / District \_\_\_\_\_ Email \_\_\_\_\_  
 Home Phone (\_\_\_\_) \_\_\_\_\_ Work Phone (\_\_\_\_) \_\_\_\_\_ Fax (\_\_\_\_) \_\_\_\_\_  
 Years attended this workshop: \_\_\_\_\_ T – Shirt size (circle one): S M L XL XXL  
 Do you require specialized accommodation in order to attend this program (i.e. sign language interpreter?)  Yes  No  
 If yes, please identify: \_\_\_\_\_ Please identify any dietary restrictions: \_\_\_\_\_

**Workshop Registration:** Includes classes, special events, Recreation Center usage, syllabus, t-shirt, and social events.

**\*\*Required items: all participants must pay\*\***

	<u>General</u>	<u>Student*</u>
<b>“Early Bird” Registration</b> (Registration Form <b>and</b> Payment postmarked by June 15th)	\$ 304.00	\$ 206.00
<b>“Regular Registration”</b> (Registration Form <b>and</b> Payment postmarked between June 15 <sup>th</sup> and July 15th)	\$ 334.00	\$ 232.00
<b>“On-Site Registration”</b> (Registration Form <b>and</b> Payment postmarked after July 15 <sup>th</sup> <b>and</b> all on-site registrations)	\$ 354.00	\$ 252.00

\*Student registration requires written verification of student status from a University advisor.

**Registration Fee (from above table) \*\*\$ \_\_\_\_\_ \*\***

**Campus User Fee:** Participant Housed On-Campus = \$10.00 / Housed Off Campus = \$15.00 .....(Circle One) \*\*\$ **10.00 / 15.00 \*\***

**Housing:** 5 Nights: Sunday, August 2 thru Thursday, August 6.

- Single Occupancy \$215.00
- Double Occupancy\* \$167.50.....\$ \_\_\_\_\_

\*Double occupancy priced per person. Please indicate roommate preference: \_\_\_\_\_

Please identify any special housing needs \_\_\_\_\_

**Syllabus**  **\$25.00 Printed Copy (Free CD at check in—must pre-register & pay for printed copy by July 15, 2009)** \$ \_\_\_\_\_

**Extra Night Stay Over:** Must be reserved by July 15 (circle all dates that apply):

- Single: \_\_\_\_\_ Nights X \$43.00 per night per person X \_\_\_\_\_ # of people\* (August 1 August 7)..... \$ \_\_\_\_\_
- Double: \_\_\_\_\_ Nights X \$33.50 per night per person X \_\_\_\_\_ # of people\* (August 1 August 7).....\$ \_\_\_\_\_

\*Are you paying for non – conference guest(s)?  Yes  No **If YES, Please indicate guest name and gender.**

Guest #1: \_\_\_\_\_  M  F Guest #2: \_\_\_\_\_  M  F

*Housing cannot accommodate early arrivals prior to Saturday, August 1 or extended stays after August 7.*

*Housing and special arrangements cannot be guaranteed for late registrants.*

**Sessions with Additional Fees:** Please check box for each selection. Please review workshop schedule for dates and times.

- Content Standards Level 1 Workshop Materials** \$ 134.00 -----\$ \_\_\_\_\_
- Content Standards Level 2 Workshop Materials** \$ 134.00 -----\$ \_\_\_\_\_

**Total Additional Sessions \$ \_\_\_\_\_**

**Parking:** Parking Permits required Monday - Friday. Weekly permit: \$15.00 per car per week.....\$ \_\_\_\_\_  
 Daily Permit: \$5.00 per car per day x \_\_\_\_\_ days.....\$ \_\_\_\_\_

**Total Enclosed \$ \_\_\_\_\_**

Credit Card: (circle one) VISA MC DISC AMEX Card # \_\_\_\_\_ Exp. Date \_\_\_\_\_

Cardholder’s name (Print) \_\_\_\_\_ Signature \_\_\_\_\_

**To Register and Pay Online go to: <http://www.epew-cp.com>**

Services (i.e. housing, etc) beyond workshop registration cannot be guaranteed for late registrants. All fees subject to change. **Workshop registration includes \$125.00 non-refundable deposit.** Registration must accompany payment in full. Workshop registration will not be processed with incomplete payment. Check, money order, purchase order, and credit cards are acceptable. Please make payable to CAL POLY CORPORATION and mail to: Conference and Event Planning ~ Elementary PE Workshop ~ Cal Poly ~ San Luis Obispo, CA 93407. (Allow a minimum of two extra working days for campus mail, including “overnight” service.) If paying by credit card you may register and pay online at <http://www.epew-cp.com> or fax payment information and registration to (805) 756-7601. Please do not send in more than one copy of your registration form. Do not both mail and fax your form; you will be charged twice. Returned checks will be assessed a \$50 fee. **Please Note:** if your fees are paid for by purchase order, a copy of the purchase order, with the number, must be postmarked by registration deadline to qualify for Early Bird or Regular Registration Fee. Conference and Event Planning is not responsible for 2<sup>nd</sup> or 3<sup>rd</sup> party late payments and registrations. *Follow through is the responsibility of the participant.* **Please see brochure information page for refund and cancellation policies.** Please direct registration and payment inquiries to Conference and Event Planning at: (805) 756-7600.

	Monday	Tuesday	Wednesday	Thursday	Friday
6:30 - 7:30	Early morning workouts with instructors and goals	Early morning workouts with instructors and goals	Early morning workouts with instructors and goals	Early morning workouts with instructors and goals	Early morning workouts with instructors and goals
8:15 - 9:30	Content Standards Level 1 Content Standards Level 2 Positive Power of P.E. "Ball Handling Skills" Noodle, Hoops, & Beach Ball Fun	First Class P.E.-Time for Upgrade Hula Hula Hoop Madness Step Step Step Aerobics Fitness Games and Activities	Tracking & Ball Skills that Students Love Basketball-Skills & Drills Games and Fun Pedometer Scramble	Rock Your Students World (Music, & Storytelling) Circus Acts So You Really Want to Dance?	<b>TEACHER OF THE YEAR DAY</b> <b>Pat Vickroy</b>
9:45 - 11:00	Content Standards Level 1 Content Standards Level 2 I Love P.E.. I love to teach. Polyspot Adventure Non Traditional Field Day Games and Activities	Core It's All about Fitness, Movement, Attitude A.L.O.H.A. to Adventure Education Assessment for Learning Jumping for Joy Single Ropes	Core It's All about Fitness, Movement, & Attitude A.L.O.H.A. to Adventure Education Assessment for Learning Jumping for Joy Double Dutch	Core It's All about Fitness, Movement, & Attitude A.L.O.H.A. to Adventure Education Assessment for Learning Jumping for Joy Long Ropes	TEACHER OF THE YEAR DAY Terri Drain
11:15 - 12:15	<b>KEYNOTE</b> <b>Darren Avrit</b> <b>Teaching Styles</b>	<b>KEYNOTE</b> <b>Mary Hirt</b> <b>The Big Kahuna</b> <b>Recognizing Students Efforts &amp; Performances</b>	<b>KEYNOTE</b> <b>Ronimarie Maslyar</b> <b>Message from One Student</b>	<b>KEYNOTE</b> <b>Chip Candy</b> <b>Crossing the Midline</b> <b>Crazy Activities that Support the Brain Research</b>	<b>TEACHER OF THE YEAR DAY</b> <b>Darren Avrit</b>
1:45 - 3:00	Content Standards Level 1 Content Standards Level 2 Hang Ten Part 1 Dance for the un-dancer	P.E.; A Marathon of ideas & Aerobics for the mind. Developing Balance & Fitness with a Smile Soccer Fun-Duh-Mentals	Bring Your Own Binder (BYOB) Gimme 3 People Aloha-A lifetime of Healthy Activities-Part 1	A Thousand Fun Things to do on a Mat "Moving Circles" Modifying Traditional Game Aloha-part 2	VENDOR SALE 12:45 - 1:30
3:15 - 4:30	Content Standards Level 1 Content Standards Level 2 Hang Ten Part 2 Best Games Ever!	Hour of Penguin Power Catch Me if You Can ShowTime-Scarf Juggling	Dance to Your Heart's Delight Games from Different times and Cultures Geocaching ShowTime-having a Ball	Geocaching Showtime-and Ho-Down Time Shaken, Not Stirred	
4:45 - 5:30	SHARE TIMES To Be Announced	SHARE TIMES To Be Announced	SHARE TIMES To Be Announced	SHARE TIMES To Be Announced	
	Dinner on your own	Dinner on your own	36 <sup>th</sup> Anniversary Gala Dinner	Dinner on your own	
7:30 - 9:30	Noodle Hockey Tennis Intertube Water Polo	Dance Bowling Volleyball	Silent Auction, Raffle and Dance	Farmers Market -SLO Night on the Town	

**SCHEDULE IS SUBJECT TO CHANGE**

The 36<sup>th</sup> Annual Elementary Physical Education Workshop will be held on the campus of California Polytechnic State University, San Luis Obispo, **August 2 – August 7, 2009**. Registration is open to all Elementary Teachers, Physical Educators, Administrators, and Professionals with a strong interest in Elementary Physical Education.

Active participation is an integral part of the Workshop, so your apparel should include clothing suitable for freedom of movement. Footwear should include any appropriate court shoe. Black soled shoes are not allowed on the gym floors. Weather can be cool in the morning and evenings, so a sweater, light jacket, or sweat outfit is suggested. If you plan to cycle on campus, helmets must be worn. Bring your "workout" clothes to enjoy the state-of-art fitness facilities and beautiful swimming pool. **Video taping and/or recording of sessions is prohibited.**

**CHILDREN MAY NOT ATTEND WORKSHOP SESSIONS OR EVENING SOCIALS. ENTRANCE TO THE RECREATION FACILITIES IS LIMITED TO WORKSHOP PARTICIPANTS 18 YEARS OF AGE AND OLDER.** Child care is not available on campus.

**Continuing Education Unit**

AN IMPORTANT **ORIENTATION MEETING** FOR ALL PARTICIPANTS (required for University Credit) WILL BE HELD ON CAMPUS ON SUNDAY, AUGUST 2 AT 7:00 P.M. One Continuing Education Unit (CEU) = ten contact hours of participation in organized continuing education/training experience under responsible, qualified direction and instruction by definition of the International Association for Continuing Education and Training (IACET). For each ten contact hours of Workshop participation you will receive one CEU. Attendance at all instructional sessions for 20 contact hours over 5 days = 2 CEUs, 30 contact hours over 5 days = 3 CEUs, and 40 contact hours over 5 days = 4 CEUs. In order to receive CEUs, the appropriate fee must be paid and attendance will be taken at all sessions. Earned CEUs may help maintain certification or licensure, or may document your continuing professional development for an employer, association, or credentialing agency. Cal Poly Continuing Education maintains a record of the CEUs you have earned through our programs and courses. CEUs are for non-credit courses or programs. They cannot be converted to quarter or semester hour credit. Although Continuing Education Units are widely accepted by school districts in California and neighboring states, you should check with your district before registering. CEUs are paid at registration on August 2, 2009. Retroactive units cannot be awarded. One copy of your Cal Poly transcript is included in your CEU fee and will automatically be mailed to the address listed on your registration form. CEUs earned and reflected on a Cal Poly transcript may be used towards the professional growth requirements of your state. Refer to your State Department of Education for more information.

**Registration and payment for the CEUs will take place at Formal Check-in on Sunday August 2, 2009.**

Questions about workshop registration and/or housing:

Contact Conference and Event Planning at (805) 756-7600

Questions about EPE workshop/CEU's:

Contact Denise Schreiber at [pemom83@hotmail.com](mailto:pemom83@hotmail.com)

Visit our website @ [www.epew-cp.com](http://www.epew-cp.com)

**GENERAL INFORMATION, Elementary Physical Education Workshop, August 2-7, 2009**

**Pre-Workshop Registration and Formal Workshop Check-In**

It is essential that workshop participants return the **completed registration form or Register Online @ <http://www.epew-cp.com> with accompanying payment (Visa, Master Card, American Express, and Discover Card) in full** as soon as possible to Conference and Event Planning at Cal Poly to take advantage of the **“Early Bird Registration”** fee. Registrations and/or payments cannot be taken over the phone. Conference and Event Planning is not accountable for late 2nd or 3rd party payments and registrations. *Follow through is the responsibility of the participant.* When your completed registration form and payment are RECEIVED you will be sent information regarding confirmation materials for the 2009 EPE Workshop. Information may be sent to you via e-mail, Fax, or U.S. Postal Service. Contact Conference and Event Planning at (805) 756-7600 if you have preregistered and have not received your information packet by July 23, 2009.

Formal check-in for all workshop participants will be conducted in the lobby of a residence hall at Cal Poly on Sunday, August 2, 2009. Pertinent information, including exact location and check-in time (s) will be provided to pre-registered workshop participants in confirmation materials.

**Early Bird Pre-Registration, Regular Pre-Registration, On-Site Registration Fees**

Participants who return completed workshop registration forms **and** payment which are postmarked by June 15<sup>th</sup> will be charged the **“Early Bird Registration”** fee, as delineated on the participant registration form. Completed workshop registration forms **and** payments which are postmarked between June 15<sup>th</sup> and July 15<sup>th</sup>, will be charged the **“Regular Registration”** fee. All completed workshop registration forms **and** payments which are postmarked after July 15<sup>th</sup>, including all individuals who register on-site on August 2nd, will be charged the **“On-Site Registration”** fee.

If you plan on registering on site (August 2), please contact Conference and Event Planning to check housing availability and to have an information packet emailed or faxed to you. The information packet contains essential information including what to bring, program updates, University policies, and scheduled check-in and check-out hours. Participants who arrive after scheduled check-in hours will be charged a late check-in fee of \$25.00, unless prior arrangements are made with Conference and Event Planning. This Policy also applies to off-campus participants.

**Continuing Education Units – Important Information for Those Interested in Earning CEU’s!**

Continuing Education Units are available to all EPE workshop participants. **EPE participants will be able to register and pay for CEU units during formal check-in hours only!** Please note that EPE participants will not be able to sign up and pay for CEU units prior to formal check-in hours. All pertinent information regarding CEU’s (dates/times) will be included in confirmation material!

**Residence Hall Housing**

Workshop participants may be housed on or off campus. All participants staying on campus will be housed in a campus residence hall within easy walking distance of workshop sessions. Conference and Event Planning can house families with children at the standard housing rate in a family designated area of a residence hall. Please call Conference and Event Planning for arrangements. One child under six years may sleep on the floor in a sleeping bag, assuming both beds are already paid for (fire code allows one child per room, when both beds are occupied by paying guests). Children under six will be charged full housing rate if both beds are not occupied by paying guests. All guests, including children six years and older, must be registered through Conference and Event Planning prior to arrival. Childcare facilities are not available on campus. For liability reasons, children and non – EPE workshop registered adults are not allowed to attend classes or workshop activities. Housing will be assigned on a first come basis the day of registration. A \$25 service fee will be applied to any changes in your housing assignment once you have checked in. Housing accommodations cannot be guaranteed for late registrants. NOTE: There is NO SMOKING on campus or in any public building in the City of San Luis Obispo. All participants are responsible for departure on their scheduled check out date and time. Failure to remove belongings from rooms and reporting to the check-out desk will result in a late check-out fee of \$50.00, unless special arrangements have been approved by Conference and Event Planning Management. NO REFUNDS will be issued for unused housing. Occupancy of recreational vehicles on campus is prohibited. Special R.V. parking may be allowed with arrangements made at least fifteen working days in advance.

**Res Net service for the residence halls will not be available to individuals associated with the EPE Workshop on a “pay per person” basis.**

**Parking Permits**

Parking permits are required Monday through Friday 7:00am – 5:00pm. Weekly permits (\$15.00) and one-day permits (\$5.00) may be purchased in advance through the Elementary Physical Education Workshop registration form or they may be purchased on site at the Yosemite front desk between 7:00am-9:00pm...

**Cancellations and Refund Policy**

Conference and Event Planning must receive cancellation requests in writing 15 days prior to program start in order to receive full refund minus the \$125.00 non – refundable deposit. Refunds will not be given for cancellations received after the July 14 deadline, or for overpayments of \$10.00 or less. To have a request form sent or emailed to you, please contact Conference and Event Planning at (805)756-7600. Participant substitutions are subject to a \$25.00 administrative processing fee. *Refunds will not be given for unused housing, parking permits, or parking citations.*