

# K-6er



Volume 35, Issue 1

News & Notes for the Elementary Physical Education Workshop

Sunday, August 3, 2008

Welcome to the 35th Elementary Physical Education Workshop! We hope your week is full of lots of ideas and connecting with other Physical Education professionals. Enjoy your week! We're glad you're here!

## **The New K-6er!!**

Get Your K-6er even earlier online. This year our goal is to keep you better informed than ever. But don't worry, the K-6er will still be available in the Dorm Lobbies, in front of Mott Gym and in front of the Rec Center. Be sure to check out the digital K-6er at [www.epew-cp.com](http://www.epew-cp.com)

## **EPEW Online**

Be sure to check the website often, there will be constant changes to the site even as the conference is going on. From slideshows, and fun stuff to information and the K-6er...find it all online at: [www.epew-cp.com](http://www.epew-cp.com)

**On Campus Emergency number—911**

**Campus Police—non-emergency call 6-2281**



*Message From Kate Cox  
2008 EPEW Director*



*Hello and welcome to the 35th annual Elementary Physical Education workshop. I trust this week will bring you more fun than a barrel of monkeys. This year's theme is ANCHORED IN EXCELLENCE. With this in mind, I hope this week will provide you an excellent anchor for your upcoming year. This year we are excited to present a fantastic new addition to the workshop, Teacher of the Year Day (TOY Day). This Friday we will bring the conference to a close with 7 teachers of the year. I truly wish you a wonderful and fulfilling week here at Cal Poly.*

*Best Wishes,  
Kate Cox*

## **Which Orientation Is Right For Me?**

For the first time at EPEW, we will have two orientations. The first orientation runs from 7:00-8:00 p.m. and is strongly recommended for those attending the conference for the first time. Even though this first orientation is designed for people coming for the first time everyone is welcome to attend.

At 8:00 p.m. we will have an all workshop orientation followed by the social led by "The Jersey Boyz." Both orientations are a great way to help get everyone ready for an exciting week and also an excellent way to meet new friends.



ALWAYS wear your workshop button!! It identifies you as a Workshop attendee while on campus.

## **Great Core Sessions offered this week!**

Core Sessions are sessions that are a continuation of the previous day's material. These sessions will begin on Tuesday. Because they build on material from the previous day we strongly suggest that the one you select should be the one you will attend all week. Core sessions are scheduled at various times through the week. Check your schedule and the syllabus for the core that best suits your needs. They provide a more in-depth look at subjects. All attendees are strongly encouraged to take advantage of these sessions! Please note that Craig Tacla's Teaching strategies has been cancelled



## Workshop Office Info

Our Workshop has TWO offices eager to provide assistance. The **EPE Workshop office** is located in Muir 101 and will help you with *workshop* related questions/problems. Our office is open twice a day—7–8 a.m., and 4:45–5:45 p.m.

If you have questions about Cal Poly (your housing, laundry, etc.) you need to wander up to Yosemite Dorm. Yosemite Desk hours are from 7 a.m. to 9 p.m. After 9 p.m., use the phone outside the dorm entrance. You can CALL them from any phone on campus! How easy is that! Their phone number is—6-5680

## Massages On Tuesday

Have you ever overdone it at Noodle Hockey? Have you ever woken up sore on Tuesday morning? Perhaps a massage would help those aches and pains. Body works of SLO will be making a special visit to the EPEW on Tuesday in the Sequoia Lounge. The massages are \$1 a minute and are available in 5 minute blocks. **Sign up for a 5 minute massage with Will Potter, in Room 106.** These sessions will be scheduled on a first come-first serve basis, so be sure to sign up early so you are not left out.

## Housekeeping Notes

Got a messy roommate? Too much snoring going on for you? You *might* be able to switch rooms, but doing so will cost you \$25. See the fine folks at Yosemite Dorm for this one.

Oops! Lost your room key?! That'll cost you a whopping \$75 to replace!

If you have paid for a single occupancy room, **please leave the linens on the other bed undisturbed.** Don't move them or use them. You can be charged for additional housing charges if you bother them in any way!

Also, If you haven't noticed, many of us have new furniture and bunk beds. Please refrain from moving the furniture from their original locations. Thank

you for your cooperation since this makes the job easier for our wonderful housekeeping staff!

## Park legally while on campus!

Watch out! Cal Poly **aggressively enforces parking Monday through Friday, 7:00 a.m. until 5:00 p.m.** Make sure you are parked legally at all times, and make sure you display your parking permit *correctly!* It should be attached to the rearview mirror to avoid receiving a citation. The permit is not valid in a metered parking space.

## Be Safe!

Some safety tips for you: keep your room locked while you are out, don't prop open the entry doors, wear your seat belt, and look both ways before crossing!

## C. E. U's Sign-up

**Tuesday, 12 noon is the final day to decide if you want CEU's or not.** Stop by the CEU station at check-in and talk with Stan Pelmeur in Room 104. He will provide all the CEU "advice" you need. Not only will your many questions get ANSWERS, he will give you a very special attendance card to keep you organized for the week!

## Morning Workout Sessions

There's lots of opportunity for you to get yourself sweaty this week. We have morning workout sessions (6:30 a.m.—7:30 a.m.) that will count as credit for those signed up for CEU's. Take your card with you and make sure it gets stamped.

Our workout sessions include Walking or Running (meeting in Muir Lounge), work-out in the fitness center and Swimming **at Rec Center pool—NOT Mott pool!** For those needing their cards stamped, a committee member will be present to do that for you.

Not a morning person? You can get sweaty just about any time you want at the beautiful Rec Center! As a participant of the Workshop, your name button will provide **FREE** entry! No button? Forget it! No entry! Rec Center hours are:

Monday–Friday from 7 a.m. until 6 p.m.

Be sure to play by their rules:

- No tank tops
- No jean shorts
- Wear non-marking shoes

## Green CD Syllabus!!

To be tree friendly, we have switched to a CD version of our syllabus. If you need to see the syllabus and don't have your computer, there will be copies available in the dorm lounges. **PLEASE DO NOT REMOVE THESE SYLLABI.** They are for everyone to flip through. As with any intellectual property, please treat the digital syllabus like any other copyrighted material.

## Avenue Closed! Try The Campus Market

This year the Avenue Restaurant is closed. Instead, take a walk down to the Campus Market. You can get a bite to eat or bring something back to your dorm for later. Also available located across from the bookstore is Backstage Pizza.

## Sunday Night Schedule

Time	Session Title	Speaker	Location
12:00–4:00 p.m.	Workshop Registration	Committee and Volunteer staff	Muir Lounge area
7:00–8:00 p.m.	New Faces Orientation (Everyone Invited)	Committee, and Volunteer Staff	Rec Center-Main Gym
8:00–9:00 p.m.	All Workshop Orientation	Committee, Volunteer Staff & The Jersey Boyz	Rec Center-Main Gym