

K-6er



Volume 36, Issue 1

News & Notes for the Elementary Physical Education Workshop

Sunday, August 2, 2009

On Campus Emergency number—911

Campus Police—non-emergency call 6-2281

Welcome to the 36th Elementary Physical Education Workshop! We hope your week is full of lots of ideas and connecting with other Physical Education professionals. Enjoy your week! We're glad you're here!

The Digital K-6er!!

Stay informed and help us save paper by using the Digital K-6er. The Digital K-6er has exclusive content you will only get online. But don't worry, the K-6er will still be available in the Dorm Lobbies, in front of Mott Gym and in front of the Rec Center. To get your K-6er online with your iPhone, or any other mobile device go to:

www.epew-cp.com

EPEW Online

Be sure to check the website often, there will be constant changes to the site even as the conference is going on. From slideshows, and fun stuff to information and the K-6er...find it all online at:

www.epew-cp.com



Message From Denise Schreiber
2009 EPEW Director



Aloha and welcome to the 36th annual Elementary Physical Education workshop. I trust this week will bring you more fun than a barrel of monkeys. This year's theme is ALOHA (A Lifetime Of Healthy Activities.) This year we are excited to again have wonderful presenters with great ideas for you to take back to your program. The Teacher of the Year Day (TOY Day) will bring the conference to a close with 3 teachers of the year. I truly wish you a wonderful and fulfilling week here at Cal Poly.

*Aloha,
Denise Schreiber*

Which Orientation Is Right For Me?

For the first time at EPEW, we will have two orientations. The first orientation runs from 7:00-8:00 p.m. and is strongly recommended for those attending the conference for the first time. Even though this first orientation is designed for people coming for the first time everyone is welcome to attend.

At 8:00 p.m. we will have an all workshop orientation followed by the social led by Chip Candy. Both orientations are a great way to help get everyone ready for an exciting week and also an excellent way to meet new friends.



ALWAYS wear your workshop button!! It identifies you as a Workshop attendee while on campus.

Great Core Sessions offered this week!

Core Sessions are sessions that are a continuation of the previous day's material. These sessions will begin on Tuesday. Because they build on material from the previous day we strongly suggest that the one you select should be the one you will attend all week. Core sessions are scheduled from 9:45–11:00 a.m. on Tuesday, Wednesday, and Thursday. Check your schedule and the syllabus for the core that best suits your needs. Core sessions are a great way to get an in-depth look at a subject. All attendees are strongly encouraged to take advantage of these sessions!



Workshop Office Info

Our Workshop has TWO offices eager to provide assistance. The **EPE Workshop office** is located in Tenaya 101 and will help you with *workshop* related questions/problems. Our office is open twice a day—7–8 a.m., and 4:45–5:45 p.m.

If you have questions about Cal Poly (your housing, laundry, etc.) you need to wander up to Yosemite Dorm. Yosemite Desk hours are from 7 a.m. to 9 p.m. After 9 p.m., use the phone outside the dorm entrance. You can CALL them from any phone on campus! How easy is that! Their phone number is—6-5680

Thank You for Your Donation To the Silent Auction

This year we have had several generous donations to our silent auction. Some of the highlights of this year's auction are:

- Half Pint Skillastics (Sandy Slade)
- Set of 9 Butler Irons (Golf Shop Live)
- Ticket package for Sacramento Kings/Monarch
- EZ task Cards Package (Bonnie Hopper)
- K-2 SPARK Curriculum
- Speedminton Fun Set

Thank you to everyone who has donated to this year's silent auction. Your support is priceless.

Housekeeping Notes

Got a messy roommate? Too much snoring going on for you? You *might* be able to switch rooms, but doing so will cost you \$25. See the fine folks at Yosemite Dorm for this one.

Oops! Lost your room key?! That'll cost you a whopping \$75 to replace!

If you have paid for a single occupancy room, **please leave the linens on the other bed undisturbed.** Don't move them or use them. You can be charged for additional housing charges if you bother them in any way!

Also, If you haven't noticed, many of us have new furniture and bunk beds. Please refrain from moving the furniture from their original locations. Thank you for your cooperation since this makes the job easier for our wonderful housekeeping staff!

Park legally while on campus!

Watch out! Cal Poly **aggressively enforces parking Monday through Friday, 7:00 a.m. until 5:00 p.m.** Make sure you are parked legally at all times, and make sure you display your parking permit *correctly!* It should be attached to the windshield to avoid receiving a citation. The permit is not valid in a metered parking space.

Be Safe!

Some safety tips for you: keep your room locked while you are out, don't prop open the entry doors, wear your seat belt, and look both ways before crossing!

C. E. U's Sign-up

Tuesday, 12 noon is the final day to decide if you want CEU's or not. Stop by the CEU station at check-in and talk with Stan Pelmeur in Tenaya Dorm Room 104. He will provide all the CEU "advice" you need. Not only will your many questions get ANSWERS, he will give you a very special attendance card to keep you organized for the week!

Morning Workout Sessions

There's lots of opportunity for you to get yourself sweaty this week. We have morning workout sessions (6:30 a.m.—7:30 a.m.) that will count as credit for those signed up for CEU's. Take your card with you and make sure it gets stamped by a committee member.

Wendy Jones will be leading Dynamic Warm-Up and Work-out in the Dance Room on Monday morning. Or you can choose to work-out in the fitness center or

Swim at Rec Center pool—**NOT Mott pool!** You can even choose to join the power walking group on their Walk to Starbucks/Jamba Juice (meeting promptly at 6:30 a.m. in Tenaya Lounge).

Not a morning person? You can get sweaty just about any time you want at the beautiful Rec Center! As a participant of the Workshop, your name button will provide **FREE** entry! No button? Forget it! No entry! Rec Center hours are:

Monday—Friday from 7 a.m. until 6 p.m. Also, Be sure to play by their rules:

- No tank tops
- No jean shorts
- Wear non-marking shoes

Green CD Syllabus!!

To be tree friendly, we have switched to a CD version of our syllabus. If you need to see the syllabus and don't have your computer, there will be copies available in the dorm lounges. **PLEASE DO NOT REMOVE THESE SYLLABI.** They are for everyone to flip through. As with any intellectual property, please treat the digital syllabus like any other copyrighted material.

I'm Starvin' Marvin! Where Can We Eat?

This year there is a variety of options for dining on campus. The Avenue, Julian's, The Campus Market, and Einstein Bros. Bagels are all open. Also open this year is Sage, and the Village Market. You can find a Map and the hours of operation for these eateries in the Dorm Lobby. Trying to save money on food this year? Rent a mini-fridge for leftovers, beverages or whatever you need chilled.

Sunday Night Schedule

Time	Session Title	Speaker	Location
12:00–4:00 p.m.	Workshop Registration	Committee and Volunteer staff	Tenaya Lounge area
7:00–8:00 p.m.	New Faces Orientation (Everyone Invited)	Committee, and Volunteer Staff	Mott Gym
8:00–9:00 p.m.	All Workshop Orientation	Committee, Volunteer Staff & Chip Candy	Mott Gym